

Email and Phone Consultation
Worldwide
Here's How It Works



An Alternative to
Conventional Counseling
Services

Support for both adults and
children

**STRENGTHEN THE
INNER SPIRIT...**

**THE MIND AND BODY WILL
NATURALLY
FOLLOW .**

Spirit Temperament Assessment

Intuitive Guidance

Therapeutic Visualization

Energy Balancing

Reflective Hypnosis

970-799-4286

sandra@
strengthofspiritconsulting.com

www.strengthofspiritconsulting.com

STEP ONE: Express your feelings, concerns, and aspirations by email.

STEP TWO: Take the Spirit Temperament Test online and receive responsive guidance about using your Spirit Temperament results to begin your work.

STEP THREE: A one-hour phone consult. Self-exploration coupled with intuitive guidance. Go away with specific actions to take and supportive daily activities or meditations that can take you well on your way to your new path.

STEP FOUR: Within 24 hours of your phone consult, receive specific intuitive guidance by email, similar to a life reading. Sandra provides you with imagery that can help unravel the source of your current pain, suffering, or blocks to joy and wellness.

STEP FIVE: Use the tools you have gained on your own and at your own pace. Repeat the process if desired for continued guidance or check in on occasion for ongoing support.

Plan on 4 hours of email and phone consulting combined for STEPS ONE-FOUR.

Expect to invest at minimum of one hour per day working on your own and at your convenience.

Total cost: \$280.00

Pay online or by phone with a credit card.