

STRENGTH OF SPIRIT



STRENGTHEN
YOUR CHILD'S
INNER SPIRIT ...

THE MIND AND
BODY WILL
NATURALLY
FOLLOW

**Providing An Holistic,
Solution-Focused
Alternative to
Traditional Behavior
Intervention Services**

**Resolve Child Behavior
Concerns**

**Including the
Signs and Symptoms
Associated with Autism and
Asperger's Syndrome**

**Bring Peace into
Chaos**

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MASTERCARD
Accepted

Or pay online with your
PayPal account

970-799-4286

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consulting.com**

Sändra Smith, Strength of Spirit Consulting Behavior Intervention Services

Initial Consultation

The first 15-minute phone consult is always provided at no cost in order for us to determine together whether the programs offered will be a good fit for you and your child. Together we will design a program or combination of programs that best suits your needs. All interventions are short-term, solution focused and customized to your family's needs.

The Strength of Spirit program is based in the philosophy that our children are not "disordered" and that each child possesses unimaginable gifts. Identifying these gifts and building on these gifts is the program focus.

Allowing each child to be himself while utilizing a step-by-step process to replace challenging behaviors with positive ones is the key.. The Strength of Spirit method clears a path to a child's learning, social development, overall happiness and well-being. Chaos is replaced with peace in day-to-day family life.

STEP ONE: Energy Balancing

A step-by-step method similar to balancing a checking account that will maximize your energy and the energy of your child. This provides readiness for all healing work. This first step is designed to create an immediate reduction in some common concerning behaviors.

1 Session, 60 minute session

\$70 Email consulting or phone consult

STEP TWO: Spirit Temperament Assessment

Through Spirit Temperament™ Assessment, we identify needs that, when met, nurture your child's spirit, the basis for all emotional and physical wellness. Spirit Temperament Assessment is especially effective in strengthening relationships between parent and child. The method can also reduce the anxiety and physical upsets that cause problem behaviors.

1 Session, 60 minutes per session

\$70 Email consulting or phone consult

STEP THREE: Holistic Behavior Modification (Four Week Program)

A two-step process combining spirit and science. Satisfy your child's needs while removing the pay offs that encourage disruptive behaviors. These methods are effective with children of all ages and for children with behaviors associated with Autism and Asperger's Syndrome. Each 4-week program will bring your child to a new level of accomplishment. As we measure your child's progress, we will determine together if ongoing intervention sessions might be beneficial.

4 Sessions, 60 minutes per session

\$280 Email consulting or phone consult

STEP FOUR: Therapeutic Visualization

This method will help you tap into your parental subconscious and to touch in with your own inner child. You can change how you feel and react to all life circumstances, including your child's challenging behaviors. TVC is highly effective in healing the feelings of guilt and frustration that can be an inevitable part of parenting. This process can also be used to manifest a new and more healthy way of life and to enlist the support of loved ones past, present and future.

2 Sessions, 60 minute sessions

\$140 Email consulting or phone consult