

SANDRA M. SMITH, MA

January 2010 Spirit-Tips



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TIP: WANT YOUR DREAM TO COME TRUE? THEN LET IT GO!

Sounds like a contradiction...

but actually it's not.

Whatever we are seeking...a healing for someone we love...
relief from fiscal frustration...direction and divine purpose.

The universal law of manifestation tells us to focus and put great
energy and effort into our desire.

But we can get so caught up in that focus, that we forget there is
another important piece to realizing our dream.
We must let go long enough for a higher power to work in our favor.

Trade off...place your focus and effort on your deepest desire—
then take a break in complete certainty that your dream is on the way.
Over-striving is our message to God and the universe that we don't
trust or have faith. It is the energy of that trust that bring our dream
to life.

Remember your "faith" breaks...take one today...
and watch miracles happen!

Questions? Support?
sandra@strengthofspiritconsulting.com

E-mail and Phone Consultation Worldwide

www.strengthofspiritconsulting.com